

AFTER GODS HEART

For the week of March 8th, 2026

Goliath

Life

What's the most intimidating person you've ever met in real life? What made them so intimidating to you?

What's something people often assume requires strength or power, but actually requires courage or trust instead?

Theology

Begin by reading 1 Samuel 17 together.

- What details in this story immediately jump out at you?
- What do these passages teach about the difference between human strength and God's power?

Read Psalm 20, another Psalm of David.

- What does this passage reveal to us about the character of David?

Read Matthew 5:3-12 and 1 Samuel 16:7.

- What does Jesus teach about the Lord's strength?
- Does Christ's in Matthew 5 teaching align with or differ from 1 Samuel 16:7?

"Goliath is the full physical expression of Israel's imagination regarding power." How does Scripture consistently challenge human assumptions about what real power looks like? What might your Goliath look like if your values were incarnated into a living person?

In Practice

David trusted God's deliverance before the battle ever began. What might it look like for you to practice that kind of trust in your current circumstances?

The sermon suggested that modern society still places its trust in visible power, strength, and weapons. How can Christians live differently in a world that measures power this way?

The "One Thing" from the sermon was: **God is trustworthy.**

What practices help you remember and live out that truth when circumstances seem overwhelming?

LIFE GROUP QUESTIONS

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Goliath:



- Height: _____ to _____
- Armor: _____
- Helmet: _____
- Greaves: _____
- Javelin: _____
- Spear Tip: _____

Goliath is the _____ of Israel's imagination regarding idyllic _____.

The Source of Davids courage:

- The Lord's ability to bring _____.

Following David's Example:

- David trusts in the character of God as a _____.
- Davids confidence in the Lord is _____.

Theological Truth from 1 Samuel 17:

- The world looks for height, strength, and power. God looks for _____ aligned with His _____.

Emphasis in 1 Samuel 17:

- Davids ability to _____ in the Lord's _____.

"One Thing":

- _____.