

# AFTER GODS HEART

For the week of March 1st, 2026

The Heart.

Life

Have you ever been misjudged because of how you looked, where you came from, or how others perceived you? How has that experience shaped you?

David was the last son considered. Have you ever felt overlooked or underestimated? What did that season produce in you?

Theology

## Read 1 Samuel 15:35 and 16:1

- The text says the Lord regretted making Saul king. The Hebrew word *Nacham* speaks of *grief*, not *error*. What does this reveal about God's relational nature? How does this differ from the idea that God made a mistake?
- If God feels the consequences of human sin, what theological impact does this have on how we understand who God is?

## Read 1 Samuel 16:7.

- When you read this verse, what's the first thing that comes to mind for you?
- If God's *seeing* is different in nature from how we see, what does that imply about human judgment?

## Read Psalm 51, a Psalm of David

- What does this Psalm reveal about the character of David?
- Why does God prioritize the heart over appearance?
- Why is the Spirit's presence central to God's purposes?

In Practice

If God sees the heart, what practices help cultivate a healthy heart rather than a polished appearance? How much time do you spend working on your "appearance" versus your "heart?"

David was anointed privately but waited publicly. How do we remain faithful in seasons of obscurity?

If God truly sees your inner will and intentions, is that comforting or unsettling? Why?

LIFE GROUP QUESTIONS

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“the Lord **regretted** that he had made Saul king over Israel.” 1 Samuel 15:35

נחם

Nacham: To be \_\_\_\_\_.

“But the Lord said to Samuel, “Do not consider his \_\_\_\_\_ or his \_\_\_\_\_, for I have rejected him. The Lord does not **look** at the things people look at. People look at the outward appearance, but the Lord **looks** at the \_\_\_\_\_.”

1 Samuel 16:7

ראה

Ra'ah: To \_\_\_\_\_.

“Ra'ah implies the basis by which God's vision operates”

Lebab (heart): \_\_\_\_\_.

לבב

Takeaway:

- Where mankind saw a \_\_\_\_\_ shepherd boy, The Lord saw a \_\_\_\_\_ and \_\_\_\_\_.

One Thing:

- \_\_\_\_\_.